

Year 4 Trip to Ho Tram

Wednesday 26th - Friday 28th March 2025

Carmelina Hotel & Resort

<https://carmelinaresort.com/>



First Consideration on all our trips - Safety

- Comprehensive Risk Assessment carried out prior to approval of Trip
- All 4 Y4 teachers & TAs, but in addition there will be hotel staff available to help us throughout our stay. For example, there will be a lifeguard on duty at the pool and a trained instructor will teach the children archery.
- Safe practices paramount at all times during travel, at hotel, at pool and during all activities.
- Careful briefings for students and close monitoring during all activities.
- Close supervision at all times.

Why did we choose this hotel?

The hotel provides a wide range of activities for the children to learn and have fun without having to leave the resort.



An excellent selection of food.

Staff accompanying the children



Mr Alex
4A Class Teacher/
Head of Year 4

Ms. Keeley
4K Class Teacher



Ms. Quynh
Year 4 Teaching
Assistant

Ms. Trang
Year 4 Teaching
Assistant

Accommodation- Carmelina Resort

Most children will be in rooms of 2 but there may be some rooms of 3 if we have odd numbers. Boys and girls will be in separate rooms.



Rooms and Safety:

- Each child will know how to contact a teacher if they have any questions or problems.
- Teachers and Assistants will be in separate rooms but in close proximity of the students.
- Children will not be allowed to open their doors to anyone but the school staff.
- No children will be allowed to exit rooms without permission from a teacher after bedtime.
- All kettles and minibar items will be removed from rooms.
- There will be regular room inspections to ensure the safety of the children.

Aims of this trip

It gives children a chance to be more independent and to take on different challenges that they would not usually meet in school, as well as giving them an opportunity to get to know students they would not always get a chance to mix with.

The itinerary

	Wednesday 26th March	Thursday 27th March	Friday 28th March
AM	<ul style="list-style-type: none">- Meet at ABCIS 8.30AM,- Coach journey- Arrive at Hotel- Lunch and hotel tour	<ul style="list-style-type: none">- Breakfast- Flower and vegetable garden, animal garden, Carmelina waterfall- Swimming pool & outdoor playground- Lunch (Hotel)	<ul style="list-style-type: none">- Breakfast- Sand castle competition on hotel beach- Pack and room inspection- Curriculum based activities- Lunch (Hotel)
PM	<ul style="list-style-type: none">- Check into rooms- Archery/pickleball- Swimming pool & outdoor playground- Dinner (hotel)- Social time- Lights out 8.30pm	<ul style="list-style-type: none">- Curriculum based activities- Archery/Pickleball- Dinner (hotel)- Movie- Lights Out 8.30PM	<ul style="list-style-type: none">- Coach journey home 12:00- Arrive back at the ABCIS at 2:30

What to Bring:

Hat

Sunglasses

Sunscreen

Comfortable (Sport) shoes

Comfortable outdoor clothes

Pyjamas

Swimsuits

Personal water bottles to refill from the large water dispensers

Mosquito repellent

Hand wipes/ hand sanitizer

Flashlight

Hair tie/ band for girls with long hair

Toiletries

Raincoat

Flip-Flop/ Sandals

All items should be in a backpack or suitcase that the children can carry independently.

A small day bag

A plastic bag to store wet and dirty clothes

A small amount of money (up to 300k vnd)



Further letter to come regarding what to bring and food allergies etc.

Electronic equipment.

We would ask that the children do not bring any electronic equipment. There will be some free time on this trip. If they wish to bring uno cards or other small games that they can play with their friends that is permitted. Books are also recommended.

Cameras are not needed as all teachers will be taking a variety of photos which will be shared on our return.

Electronic equipment.

No phones or devices (such as smart watches) which can connect to the internet are permitted.

Queries

- Students allow to bring snack with them or not?

- During the trip, parents will receive the information about the kids via email such as: they have arrived safely at the resort, pictures (at the end of each day)

- Packing list

- Students can swim in the swimming pool but not allowed to swim in the sea?

Medicine should be given to the Nurse with a form completed with instructions before the trip. We will also send out a Form before the trip asking parents to confirm allergies and food intolerances.

Do you have any questions?

